

# E-News Links

Dear Parents,

Life at Links is always full and the last two weeks have been no exception! From Halloween to Swimming, from Debate to Excursions, our students enjoy so many opportunities to explore the world around them, discover new knowledge, and develop essential skills.

We are proud of the accomplishments of our students, both those who have a natural gift for learning in school and seem to excel effortlessly across the disciplines and those who, only through sheer hard work and perseverance, make tangible progress toward their goal. All our students are in search of a "Personal Best" and it is the work of home and school together to facilitate that.



**Y11 relaxing at Mr. Phil's house after attempting to make English pancakes!**

The New House System is well under way now, with students earning points for all kinds of things: academic excellence, sporting prowess, major improvement or progress, kindness and thoughtfulness, participation, originality, initiative and much more. We are all getting used to the new names .... Mars (Red), Jupiter (Green), Venus (Yellow) and Neptune (Blue). And I am hoping that at Sports Day we will hear some interesting chants to reinforce House identity.



This week, we have been paying special attention to Safety with programmes in all sections designed to raise student awareness from safety in dental hygiene and internet use, to safety at home , school or even on the beach.



We even had a local DSP visit our LPS Campus to speak with the children. How quiet they all were as he stood so tall in front of them and read out police rules on Road Safety, Personal Safety and Suspicious Objects!



## FROM PRE-SCHOOL



### HALLOWEEN

**Happy haunting!! But really who could get scared of such cute little pumpkins and munchkins!!!! Forget the treats, these little ones were a treat to watch as they ate, sang, played games and worked on different spooky art projects.**



L to R: Alayna Kasimali, Inaya Ali Khan, Aliya Hasan and Ayan Khatri

### RICKSHAW RIDE – 7<sup>TH</sup> NOVEMBER

**As our children were being introduced to the vocabulary of different vehicles, we arranged for them to have a ride in a rickshaw. The children were thrilled to sit in the rickshaw, with their friends and ride up and down in our school lane.**

### PROFESSION PARADE – 8<sup>TH</sup> NOVEMBER

**With lots of songs, stories and role-play, the children concluded the month long topic of professions with our Annual Profession Parade on the 8<sup>th</sup> of November. From surgeons to farmers to rock stars all these and more were present in their full gear.**



L to R: Ibrahim Abbasi, Hamza Undre', Shahrez Siddiqi, Sylvie Salman, Salaar Mirza and Ali Raza Mirza



Teah Mana, the hairstylist, blowdrying Leah Zamindar's hair !



MohdAli Mandviwalla attending to Inaaya Laghari

### COBBLER'S VISIT

**Cobbler, cobbler mend my shoe –get it done  
at Links Pre-School !**

**A cobbler visited us at school to share the secrets of his trade. The children were fascinated watching him mend and polish shoes. The little ones also got a chance to polish their own shoes – an activity in which they partook, with a great deal of enthusiasm.**

### SAFETY AWARENESS WEEK

**Prevention is better than cure – the age old saying is certainly true and hence we try to share with our tots little words of wisdom to keep them safe. Through the week, we threw in lots of stories and songs and even more role-play into our lessons to help our little ones be safer in various situations from travelling in a car seat to dangers around the house and being wary of strangers.**

**"Accidents big or small – Let's avoid them all"**

**FROM LOWER PRIMARY SCHOOL**



**At the Lower Primary the last few weeks have been extremely busy. Halloween Masti morning provided an opportunity for real strenuous fun. All dressed for the occasion; the students made the most of the eats, fun and games many thanks to the efforts put up by the Parent Association. The right book can literally change a life. This founding philosophy has guided readers from the start, and now we want to give back in a tangible way.**

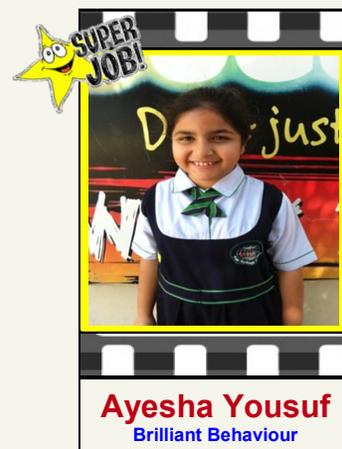
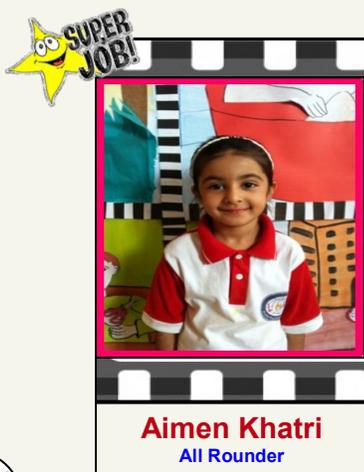
We are **proud to say** that this year the students at the Lower Primary school managed to raise a reasonable amount. This was a fun, easy way for you to help us give the gift of the written word to many children who need it.

The goal of competitive swimming is to constantly improve upon one's time(s), or to beat the competitors in any given event. During the **inter house swimming competition**, we do make it a point to encourage all students to make the most of their skills. The Links inter house swimming competition took place at UPS for Classes 1-5. The Preps went there as well to cheer on their houses. The competition went on smoothly and the swimmers from Mars, Jupiter and Venus did put up a good fight with some good timings and great strokes but the victorious house was Neptune who performed fabulously in the relay event as well. The parent volunteers as always were a great support in organising and carrying out the event. (See the results at the end of E-News Links.)

Links celebrated Iqbal Day with a colourful presentation to pay tribute to the national poet, thinker and philosopher, **Allama Iqbal, on Thursday 8<sup>th</sup> November 2012**, the students enacted two poems, shared some of his most memorable verses, his achievements were shared in terms of books, titles he acquired and speeches were delivered. The performance was largely appreciated by the audience.

'Do your work with pride, put safety in every stride!' As part of our **Safety Awareness Week** plan, every student and staff member was given an opportunity to learn about healthy choices and positive values in a supportive, safe school environment. We are grateful to our guest speakers Mr Usman from the police department for Neighbourhood and Road safety, Dr Sanya Mooraj & her team from North Carolina Dental Practice for Child health and Oral hygiene, Ms Yasmeen Sayeed our Extra Curricular coordinator at Links for School and Playground safety and Mrs. Faziah Maniar for Home safety. The week's events were ended with an assembly presentation by the teachers which concluded and helped recapitulate all that the students learnt about during the week.

## LPS STAR STUDENTS



## FROM UPPER PRIMARY & SECONDARY

**YEAR 8 LAHORE EXCURSION 2012 -**

**MS HAFSA REPORTS:**



On the morning of 9<sup>th</sup> November, fourteen students from our grade 8-L and 8-P, accompanied by two teachers; Ms. Asma Shahnawaz and Ms. Hafsa, departed for what turned out to be a joyful trip for everyone; it was time Links conquered Lahore! After checking-in at Pearl Continental Hotel, we took off for the beautiful Shalimar Gardens. Its grand terraces and striking landscape were a sight to see, not to mention the lovely giant flowers that decorated the place. Next, we were guided to the majestic gates, chambers, wells, elephant stairs, bridges, canons and walls of the Lahore Fort. Our rollercoaster ride for the day did not end here as after a delicious Chinese meal, we went to the Indo-Pak border at Wagah. It was such a patriotic experience and our students chanted and cheered to the melodious tunes whole

-heartedly. Our last stop for the day was the unbelievable Badshahi Mosque. Unbelievable because of the art, architecture and the mysterious sound system our ancestors had designed centuries ago. We spent Isha prayer time at the

second largest mosque of Pakistan. Giant gates led us to the colorful Food Street of old Lahore and our appetite rose to the aromas of Lahori spices. We had our dinner on the 4<sup>th</sup> floor of Coocosden; looking over the grandeur of the past.

On our second morning, surprisingly all 14 kids were up and ready much before time, their eyes beaming with excitement to reach the second largest salt mine of the world; destination Khewra. After our breakfast at Dum Pukht in the PC, we set off for Khewra and had our lunch at KFC after three hours of drive along the motorway. At Khewra, the entire land seemed water-logged and saline and that only added to our fascination. Once inside the belly of the 'tourist point' - a giant mountain dug for mining and the ground floor designed for tourist attraction.



A city of salt where our roof was a chemical formula and our land was another salt from some chemistry book. There was a 20-year old mosque made up of blocks/bricks of salt, a few chambers and everyone's favorite Minar-e-Pakistan. The list could go on and on but to cut a long story short, after our 6km mini-train journey back to the entry point, we decided to have a little more fun at a mini fun-land. Following a Ferris wheel and a Pirate ship ride we shopped for a few souvenirs and gifts for our friends at small shops in the corner of a street. Our last meal of the day was at Hardees on M.M. Alam Road in Lahore. We sealed the day off with Ms. Asma's birthday cake at 12 midnight in one of the girl's rooms (that was not 'haunted').

Next morning was a repetition of the day before. After Sunday Brunch in the PC, we checked-out. The first place we visited was the Tomb of Jehangir which was originally many gardens where once the royals walked. It seemed that the miraculous stories from the past would never end. Our next stop was Lahore Museum. It harbors an enormous treasure of knowledge and artifacts; pictures, paintings, sculptures, and reflects the basis of diversity of Pakistani culture that finds its origins in different eras this land has lived. The Museum of Puppetry was another unique experience. We had our lunch at Peeru's Café within the place while the museum staff was preparing for a magic show followed by a series of short puppet-shows, some musicals for the students to laugh, clap and dance to. Our final destination was the heartbeat of Lahore, Liberty. Here we had the experience of shopping and bargaining with hawkers and salespersons by the road side. We also benefited from the opportunity to have sweet-potatoes, candy-floss and chilled cone ice-cream in the cold of the evening.

Our coach driver Munna bhai and our tour guide, an encyclopedia on Pakistan, Mr. Asif Zaman, dropped us at Iqbal Terminal at 8pm. And then with a fortune of memorable times and hopes for many more in future, we had a safe flight home!



Abdullah Kalat as the notorious Joker !

### Two of our Halloween Beauties!



Ayla Adnan - with whiskers!

## Examinations are coming !

**UPS Exams begin on November 28<sup>th</sup>.** Of course, it is important for students to prepare well for the exams which provide students with an opportunity to demonstrate what they have learned and, as an educational barometer, enable teachers and students to identify areas of the syllabus most difficult to grasp. Experience tells me that a little anxiety is not a bad thing. It is quite normal to feel nervous about exams, and in fact, it helps get the adrenalin flowing – an aid to effective brain activity. However, too much anxiety has exactly the opposite effect! Students who are over-anxious often “blank out” and are unable to recall what they know.



**Students can help themselves prepare well by:**



**Organising their revision methodically and logically.** Set specific times for revision of subjects/topics – just like a school timetable. During the examinations, make sure that those times are linked to the examination timetable. Make them realistic and stick to them.

**Using a variety of approaches to revision:** working alone, working with a partner or friends; reading and writing, memorizing and recalling (in a variety of ways ... verbally, mind maps, bullet points, charts). Self test. Against the clock .. use an alarm clock to make sure that you get used to working under the pressure of time.

**Eating healthy food and drinking plenty of water.** Undernourished and dehydrated brains malfunction!

**Exercising.** Moderate physical activity helps get the circulation going, increasing blood-flow to the brain.

## Strength of mind is exercise, not rest!



~ Alexander Pope

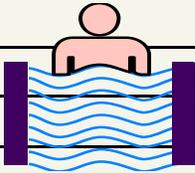


## Links Inter House Swimming Gala Nov 2012



At LINKS we are fortunate enough to have a swimming pool and offer swimming lessons and coaching. The ability to swim is a life-long skill that provides both pleasure and protection. Term One has culminated in the Links Swimming Gala where the results were as follows:

<b>LPS</b>				
<b>Student's Name</b>	<b>Class</b>	<b>Event</b>	<b>House</b>	<b>Position</b>
Manal Dossa	1-P	Freestyle	Jupiter	1 <sup>st</sup>
Aisha Trunkwala	1-L	Freestyle	Neptune	2 <sup>nd</sup>
Hassan Yazdani	1-P	Freestyle	Venus	3 <sup>rd</sup>
Hamza Valika	1-P	Kickboard Race	Venus	1 <sup>st</sup>
Mikael Savul	1-L	Kickboard Race	Mars	2 <sup>nd</sup>
Dina Savul	1-L	Kickboard Race	Mars	3 <sup>rd</sup>
Annan Shah	2-P	Freestyle	Venus	1 <sup>st</sup>
Mashal Bandukwala	2-P	Freestyle	Mars	2 <sup>nd</sup>
Elizaveta Baronova	2-L	Freestyle	Neptune	3 <sup>rd</sup>
Mohd Rayyan Habib	2-P	Freestyle	Mars	1 <sup>st</sup>
Saad Sattar	2-P	Freestyle	Venus	2 <sup>nd</sup>
Danyal Ali Khan	2-L	Freestyle	Neptune	3 <sup>rd</sup>
Malaika Ahmed	2-L	Kickboard Race	Mars	1 <sup>st</sup>
Alisha Jafar	2-L	Kickboard Race	Neptune	2 <sup>nd</sup>
Misha Salman	2-P	Kickboard Race	Venus	3 <sup>rd</sup>
Shahmeer Mughal	2-L	Kickboard Race	Mars	1 <sup>st</sup>
Abdul Karim Abid	2-P	Kickboard Race	Neptune	2 <sup>nd</sup>
Haider Rizvi	2-L	Kickboard Race	Venus	3 <sup>rd</sup>
Areasha Nozaki	3-P	Freestyle	Venus	1 <sup>st</sup>
Laila Abdul Kadir	3-P	Freestyle	Neptune	2 <sup>nd</sup>
Zara Haider	3-P	Freestyle	Mars	3 <sup>rd</sup>
Ibrahim Sultan	3-L	Freestyle	Neptune	1 <sup>st</sup>
Saif Savul	3-P	Freestyle	Venus	2 <sup>nd</sup>
Abdul Wasay Tabba	3-P	Freestyle	Mars	3 <sup>rd</sup>
Maha Majid	3-P	Kickboard Race	Jupiter	1 <sup>st</sup>
Emaan Jalal	3-L	Kickboard Race	Mars	2 <sup>nd</sup>
Marjan Arshid	3-P	Kickboard Race	Venus	3 <sup>rd</sup>
Mir Ali Bhutto	3-L	Kickboard Race	Jupiter	1 <sup>st</sup>

Haisam Haseeb	3-P	Kickboard Race	Venus	2 <sup>nd</sup>
Ahmed Bilal Awan	3-P	Kickboard Race	Neptune	3 <sup>rd</sup>
Nusha Dossa	4-L	Freestyle	Jupiter	1 <sup>st</sup>
Samar Sattar	4-P	Freestyle	Neptune	2 <sup>nd</sup>
Maham Wahab	4-L	Freestyle	Mars	3 <sup>rd</sup>
Kiya Sayeed	4-P	Freestyle	Neptune	1 <sup>st</sup>
Mustafa Haider	4-L	Freestyle	Venus	2 <sup>nd</sup>
Abdullah Ovais	4-L	Freestyle	Venus	3 <sup>rd</sup>
Haniyam Mariya	4-L	Kickboard Race	Neptune	1 <sup>st</sup>
Zehra Jam	4-P	Kickboard Race	Venus	2 <sup>nd</sup>
Rabiya Sheikh	4-P	Kickboard Race	Neptune	3 <sup>rd</sup>
Ahmed Faisal	4-P	Kickboard Race	Neptune	1 <sup>st</sup>
Umar Gaba	4-P	Kickboard Race	Jupiter	2 <sup>nd</sup>
<b>UPS</b>	<b>Class</b>	<b>Event</b>	<b>House</b>	<b>Position</b>
Laiba Bilwani	5-L	Freestyle	Jupiter	1 <sup>st</sup>
Fahal Dossa	5-L	Freestyle	Jupiter	2 <sup>nd</sup>
Fatima Hameed	5-P	Freestyle	Venus	3 <sup>rd</sup>
Mohd Usman Tabba	5-L	Freestyle		1 <sup>st</sup>
Danyal Valika	5-P	Freestyle		2 <sup>nd</sup>
Sunaif Haroon	5-P	Freestyle		3 <sup>rd</sup>
Zayna Mannan	5-L	Kickboard Race		1 <sup>st</sup>
Ayla Adnan	5-L	Kickboard Race		2 <sup>nd</sup>
Amina Mukaty	5-L	Kickboard Race		3 <sup>rd</sup>
<b>Winners</b>		<b>Relay Race</b>		
Mohd Rayyan Habib	2-P		Neptune	
Laila Abdul Kadir	3-P		Neptune	
Kiya Sayeed	4-P		Neptune	
Sunaif Haroon	5-P		Neptune	
<b>House</b>	<b>Points</b>			
<b>Neptune</b>	48			1 <sup>st</sup>
<b>Venus</b>	37			2 <sup>nd</sup>
<b>Mars &amp; Jupiter</b>	36			3 <sup>rd</sup>

*Congratulations!*



## FINAL NOTE

**Our aim in **E-News Links** is to provide a snapshot of the previous two weeks of school. Please understand that we cannot include the names and pictures of all the children who have participated or performed or excelled. Like any publication, E-News Links needs to make editorial decisions about what to include.**

**We welcome feedback from parents. Do contact us if you have suggestions or comments.**

**Phil Billing**

**Head of School**